

**** COMPETITION INFORMATION ****

MEET: 2008 LEVELS 7-10 TEXAS STATE QUALIFYING COMPETITION

DATE: Saturday, February 9, 2008
Sunday, February 10, 2008

SITE: Texas Woman's University (Pioneer Hall – Magee Arena)
Bell Ave.
Denton, Texas 76204

HOSTS: Lone Star Gymnastics, Inc. and Lone Star Gymnastics Parents Club

COMPETITION

DIRECTOR: R. Scott Crouse (817) 294-1114 Gym
(817) 368-1100 Cell
RSCGolf@aol.com (Email)

JUDGES: Two judges per event – Four events competing at once.

ENTRY FEES: **Entry Fee is \$50.00 per individual athlete entered.**

Team Entry Fee is \$35.00 per team entered.

Please check Large or Small Man Team on Entry Form. (Check your Texas Rules and Policies for Team competition). All Entry Fees must be paid in full at the time your club's entries are received! **One Entry Fee check per club.**

****Make all checks payable to: LONE STAR GYMNASTICS.**

****Mail all Entry Forms and checks to:** Lone Star Gymnastics
3736 Altamesa Blvd.
Fort Worth, Texas 76133

DEADLINE: All entries must be **RECEIVED** by January 18, 2008.
Please remember that all entry deadlines are set up by the Texas State Board.
Thank You!

* **NO LATE ENTRIES MAY BE ACCEPTED**

* You may call and confirm the arrival of your entries.

FORMAT: This will be an **INDIVIDUAL and TEAM** oriented competition on Saturday and Sunday, and will be run in the **Modified Traditional Format**. **One** set of equip. will be used - warm up one event/compete that event through four rotations. If a very large number of entries are received, a **Capital Cup or Continuous Capital Cup Format** will be used. The final format of the meet will be posted on the Texas State web site with the Final Schedule.

The competition will follow the 2007-2008 USAG/Texas Rules and Policies.

AGE GROUPS: All Levels (7-10) - JR. A, JR. B, JR. C, SR. A & SR. B

All athletes will be placed in the appropriate age division once all of the Entries for the competition are received. All of the age appropriate information will be placed on the USAG Texas State web site.

**COMPETITION
TIMES:**

All dates, session times, athlete age group listings, etc. will be posted on Jan. 26, 2008.

COACHES: Please remind your individual Team parents not to call for competition times because of the large amount of telephone time required. Lone Star will make sure each gymnastics club that has athletes competing is notified and all correct and necessary information is received. [All information and schedules are posted on the women's USAG Texas State web site.](#)

BAR

SETTINGS:

Bar settings may be obtained during the general stretch time prior to each session. Bar settings will be timed at approx. 30 seconds per athlete to ensure everyone gets a setting. Coaches, please be a little prepared for this!

WARM-UPS:

Each gymnast will be given 2 minutes on both the bars and beam from the time the official timer starts the clock. All warm-ups will be timed and "block" timing by team **will** be used in all of the pre-competition timed warm-ups. This will be discussed at the coaches meetings.

EQUIPMENT:

AAI equipment on all apparatus and all boards on each event.

* All boards will stay on the apparatus assigned.

T-SHIRTS:

There will not be an "official" meet shirt for this State wide qualifying competition. However, a large selection of gymnastics related apparel will be available for purchase.

COACHES

MEETING:

There will be coaches meetings prior to each session during the general stretch time of each session. All packets, numbers, rotation sheets, etc. will be handed out at that time. Coaches will not receive their packets if ALL Entry Fees have not been paid in full and/or USAG athlete and/or coach USAG membership registration numbers are missing.

COMPETITION

AREA:

Only team coaches, competing athletes, judges, and meet officials will be allowed on the competition floor. Please remind parents and non-competing team members of this rule.

SCORES:

Scores from each session will be posted following the completion of each session.

AWARDS: There will be Individual and All Around awards presented to the athletes in each age division of each level following each competition session to the age groups and levels that just competed. All Team awards will be presented at the end of the last competitive session for each level.

PARKING: There is ample parking on site. Please park only in marked spaces. (Thank You!)

ADMISSION: Admission will be \$7.00 per day for adults and \$5.00 per day for children under 12 years old. This fee structure is set up by the USAG Texas State Board.

CONCESSIONS: Concessions will be available at all sessions for your convenience.

VIDEO

CAMERAS: Due to a shortage of electrical outlets, only VCR's with battery packs should be used in the gym. Please alert your team parents with VCR's.

HOTEL

INFORMATION: The reserved and recommended lodging for the competition is:

Holiday Inn Hotel & Suites – Denton
1434 Centre Place Drive
Denton, Texas 76205
(940) 383-4100

Brand New! Very Nice – Full Service Hotel
Full Restaurant & Full Bar!
\$89.00!!!!!!!!!!!! (Reg. Rate is \$99.00)

*** Please Contact Jennifer Maynard (Dir. Of Sales) if you have any problems.**