

# ***2011 Level 8 State Championships***

***Hosted by Woodlands Gymnastics Academy  
20100 Holzwarth, Suite B, Spring, Texas 77388  
281-528-6050***

## **Saturday, March 19, 2011**

### **Session 1 ~ 14 Yr Olds (37 athletes)**

8:00am- 8:30am Coaches Meeting / Stretch  
8:30am- 8:45am March In  
8:45am- 11:45am Competition  
Awards to Follow

### **Session 2 ~ 8-11 Yr olds (49 athletes)**

12:30pm – 1:00pm Coaches Meeting/Stretch  
1:00pm – 1:15pm March In  
1:30pm – 5:15pm Competition  
Awards to Follow

### **Session 3 ~ 15 & Older (43 athletes)**

6:00pm- 6:30pm Coaches Meeting/Stretch  
6:30pm– 6:45pm March In  
6:45pm –10:00pm Competition  
Awards to Follow

## **Sunday, March 20, 2011**

### **Session 4 ~12 Yr Olds (37 athletes)**

8:00am - 8:30am Coaches Meeting/Stretch  
8:30am – 8:45am March In  
8:45am- 11:45am Competition  
Awards to Follow

### **Session 5 ~ 13 Yr Olds (53 athletes)**

12:30pm - 1:00pm Coaches Meeting/Stretch  
1:00pm – 1:15pm March In  
1:30pm – 5:15pm Competition  
Awards to Follow



Texas USA Gymnastics and the Ronald McDonald House have joined hands to help families faced with housing needs while their children receive medical treatment. This past year several gymnasts across Texas faced life threatening illnesses and I know that our gymnastics community always takes on a challenge head first. It is such a simple idea and needs very little effort from our gymnastics community. If you could encourage your athletes to bring aluminum “pull tabs” (from coke cans, soup cans etc.) to level 8 State, we will have special receptacles set up to drop off the pull tab donations.

Please read the attached letter and see if we can make a positive impact in the lives of families facing huge challenges. Thank you in advance for the support of you and your athletes.

Diane Callison  
Texas USA Gymnastics, State Chairperson

We would like to invite you to participate along with our team in collecting pull tabs for Houston's Ronald McDonald House.

The House offers loving, home-like environments, where families can find support and share experiences with others while on their journey to overcome a critical childhood illness. Our programs include a freestanding 50-bedroom home for longer term stays; a home inside Texas Children's Hospital (TCH); a home inside Children's Memorial Hermann Hospital (CMHH); three Family Rooms inside TCH and a Cookie Corner at M.D. Anderson Children's Cancer Hospital.



HOUSTON

*Celebrating 30 Years*

This past year our family was touched by the staff and the welcoming, relaxing environment that it offers to families going through stressful medical situations. After Hailey's first brain surgery last April she had to stay in ICU and it was then that we realized we had nowhere to rest or even shower because she didn't have a room in the hospital. The staff told us about Houston's RMH. We were able to rest for a few hours in a hotel style room. We also had use of a washer, dryer, computer, and kitchen where volunteers offered a hot meal. Luckily for us we only needed it for a few hours but many families need it for much longer!

The little tab used to pull open your can of soda can make a huge difference for the families staying at RMH. The aluminum can is valuable, but the tabs are cleaner to collect, take up less space, and are contain more aluminum making them even more valuable! The money received from recycling pull tabs helps support the operations of Houston's Ronald McDonald House. This money is used to purchase food for all the locations and for the family food pantry, cleaning supplies, and to provide van transportation to and from the Texas Medical Center for the families.

We will have a large collection container at the Level 8 State Meet on March 19-20th. Our team will continue to collect throughout the year and periodically send out updated information how you can also donate to Houston's RMH. Along with the pull tabs collection we will also have a place to make monetary donations if you wish to participate.

Our family has been overwhelmed by the support from the gymnastics community for Hailey during her diagnoses, surgery, recovery and now her return to competition. We know you will be just as supportive for such a great foundation!

Thank you!

The Strole Family and WGA Texans