

# *Level 5 South State*

*November 12-13, 2011*

*Hosted By:*

*REFLEX Gymnastics Academy*

**Saturday, November 12, 2011**

## **Session 1: Senior B**

8:00am – 8:30am	General Stretch
8:30am – 8:40am	March In
8:40am – 11:40am	Competition
11:45am	Awards

## **Session 2: Senior A**

12:30pm – 1:00pm	General Stretch
1:00pm – 1:10pm	March In
1:10pm – 4:25	Competition
4:30pm	Awards

## **Session 3: Junior C**

5:15pm – 5:45pm	General Stretch
5:45pm – 5:55pm	March In
5:55pm – 9:00pm	Competition
9:05pm	Awards

## **Sunday, November 13, 2011**

### **Session 4: Junior B**

8:30am – 9:00am	General Stretch
9:00am – 9:10am	March In
9:10am – 12:10pm	Competition
12:15pm	Awards

### **Session 5: Junior A**

1:00pm – 1:30pm	General Stretch
1:30pm – 1:40pm	March In
1:40pm – 4:45pm	Competition
4:50pm	Individual and Team Awards