

# 2011 District 6 Qualifier

*Hosted by Stars Gymnastics  
10516 Katy Freeway, Suite G  
Houston, Texas 77043  
713-464-1996*

## **Friday, September 9, 2011**

### ***Session 1 ~ Level 6 A & P***

6:00pm – 6:20pm Coaches Meeting & Bar Settings  
6:20pm – 6:30pm 1<sup>st</sup> Flight Warm –up  
6:30pm – 6:40pm March In  
6:40pm – 9:30pm Competition - Awards to Follow

### ***Continuous Capital Cup***

JR A) 10/05/01-09/10/04  
JR B) 01/22/01-10/04/01  
JR C) 07/22/00-01/21/01  
SR A) 04/08/99-07/21/00  
SR B) 01/01/80-04/07/99

## **Saturday, September 10, 2011**

### ***Session 2 ~ Level 2/3***

8:00am- 8:15am Coaches Meeting / Stretch  
8:15am- 8:25am March In  
8:25am- 10:00am Competition - Awards to Follow

### ***Modified Capital Cup***

### **Level 2/3 Competing Clubs:**

Discover 11, Game 6, HGA 20, Sugarland 6, Reflex 17, GymTastic 7, GymTex 1  
(HGA will be split into 2 squads)

### ***Session 3 ~ Level 2/3***

10:45am – 11:00am Coaches Meeting /Stretch  
11:00am – 11:15am March In  
11:15am – 12:45pm Competition – Awards to follow

### ***Modified Capital Cup***

### **Level 2/3 Competing Clubs:**

Acrofit 7, H & H 3, Stars 2, Acrosports 15, Acrofit 19, AA 13, Dana's 2

### ***Session 4 ~Level 4P Jr A/Jr B/LAA***

1:30pm – 1:50pm Coaches Meeting/Stretch  
1:50pm – 2:00pm 1<sup>st</sup> Flight Warm-up  
2:00pm – 2:10pm March In  
2:10pm - 4:25pm Competition - Awards to Follow

### ***Continuous Capital Cup***

JR A) 11/06/03 – 09/10/05  
JR B) 02/08/03 – 11/05/03

### **Level 4A Competing Clubs:**

AA5, Acrofit 5, Endeavor 7, Game 2, GymTex 4, Stars 8, Sugarland 11

***Session 5 ~Level 4P Jr C/Sr A/Sr B/L4A***

5:30pm – 5:50pm Coaches Meeting/Stretch  
5:50pm – 6:00pm 1<sup>st</sup> Flight Warm up  
6:00pm – 6:10pm March In  
6:10pm - 8:25pm Competition - Awards to Follow

***Continuous Capital Cup***

**JR C) 05/09/02-02/07/03**  
**SR A) 08/05/01-05/08/02**  
**SR B) 01/01/80-08/04/01**

**Level 4A Competing Clubs:**

All American 6, BGA 4, Dana's 2, HGA 2, Reflex 3

***Sunday, September 11, 2011***

***Session 6 ~Level 5P - All***

8:00am - 8:20am Coaches Meeting/Stretch  
8:20am – 8:30am 1<sup>st</sup> Flight Warm up  
8:30am- 8:40am March In  
8:40am – 11:39am Competition – Awards to Follow

***Continuous Capital Cup***

**JR A) 11/19/02-09/11/04**  
**JR B) 03/14/02-11/18/02**  
**JR C) 05/18/01-03/13/02**  
**SR A) 03/13/00-05/17/01**  
**SR B) 01/01/80-03/12/00**

***Session 7 ~Level 5A - All***

12:30pm - 12:50pm Coaches Meeting/Stretch  
12:50pm – 1:00pm 1<sup>st</sup> Flight Warm up  
1:00pm – 1:10pm March In  
1:10pm – 3:30pm Competition - Awards to Follow  
Awards to Follow

***Continuous Capital Cup***