



Level 4 & 6 District Championships October 17th & 18th , 2009

370 athletes are entered to compete in District Championships, so be ready for some great gymnastics.

Schedule

Saturday, October 17, 2009

Session 1 – Level 6: **Junior A, B, & C**

Open Stretch: 8:00am – 8:30am

March In: 8:30am – 8:45am

Warm-Up/Compete: 8:45am – 12:30pm

Awards: Immediately following

Session 2 – Level 6: **Senior A & B** and

Level **6 Achievement** Athletes

Open Stretch: 1:15pm – 1:45pm

March In: 1:45pm – 2:00pm

Warm-Up/Compete: 2:00pm – 5:00pm

Awards: Immediately following (Level 6 Team Awards presented)

Session 3 – Level 4 Placement – **Senior A & B**

Open Stretch: 5:30pm – 5:50pm

March In: 5:50pm – 6:00pm

Warm-Up/Compete: 6:00pm – 8:45pm

Awards: Immediately following

Sunday, October 18, 2009

Session 4 – Level 4 Placement – **Junior B & C**

Open Stretch: 8:00am – 8:20am

March In: 8:20am – 8:30am

Warm-Up/Compete: 8:30am – 11:15am

Awards: Immediately following





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Session 5 – Level 4 Placement – **Junior A** & the following Level 4 **Achievement** teams: Aerial Athletics, Aerialettes, J&R, Extreme, Powerhouse TNT, GOSA, NWK)

Open Stretch: 12:00pm – 12:20pm

March In: 12:20pm – 12:30pm

Warm-Up/Compete: 12:30pm – 3:15pm

Awards: Immediately following (Level 4 Team Awards presented)

Session 6 – Remaining **Level 4 Achievement** Teams

Open Stretch: 4:00pm – 4:20pm

March In: 4:20pm – 4:30pm

Warm-Up/Compete: 4:30pm – 8:00pm

Awards: Immediately following

Level 6 Age Groups:

Jr. A – 12/1/1999 – To date

Jr. B – 11/30/1999 - 3/23/1999

Jr. C – 3/22/1999 – 7/1/1998

Sr. A – 6/30/1998 – 6/4/1997

Sr. B – 6/3/1997 – Before

Level 4 Age Groups:

Jr. A – 6/7/2002 – To date

Jr. B – 6/6/2002 – 5/14/2001

Jr. C – 5/13/2001 – 8/1/2000

Sr. A – 7/31/2000 – 9/1/1999

Sr. B – 8/31/1999 - Before